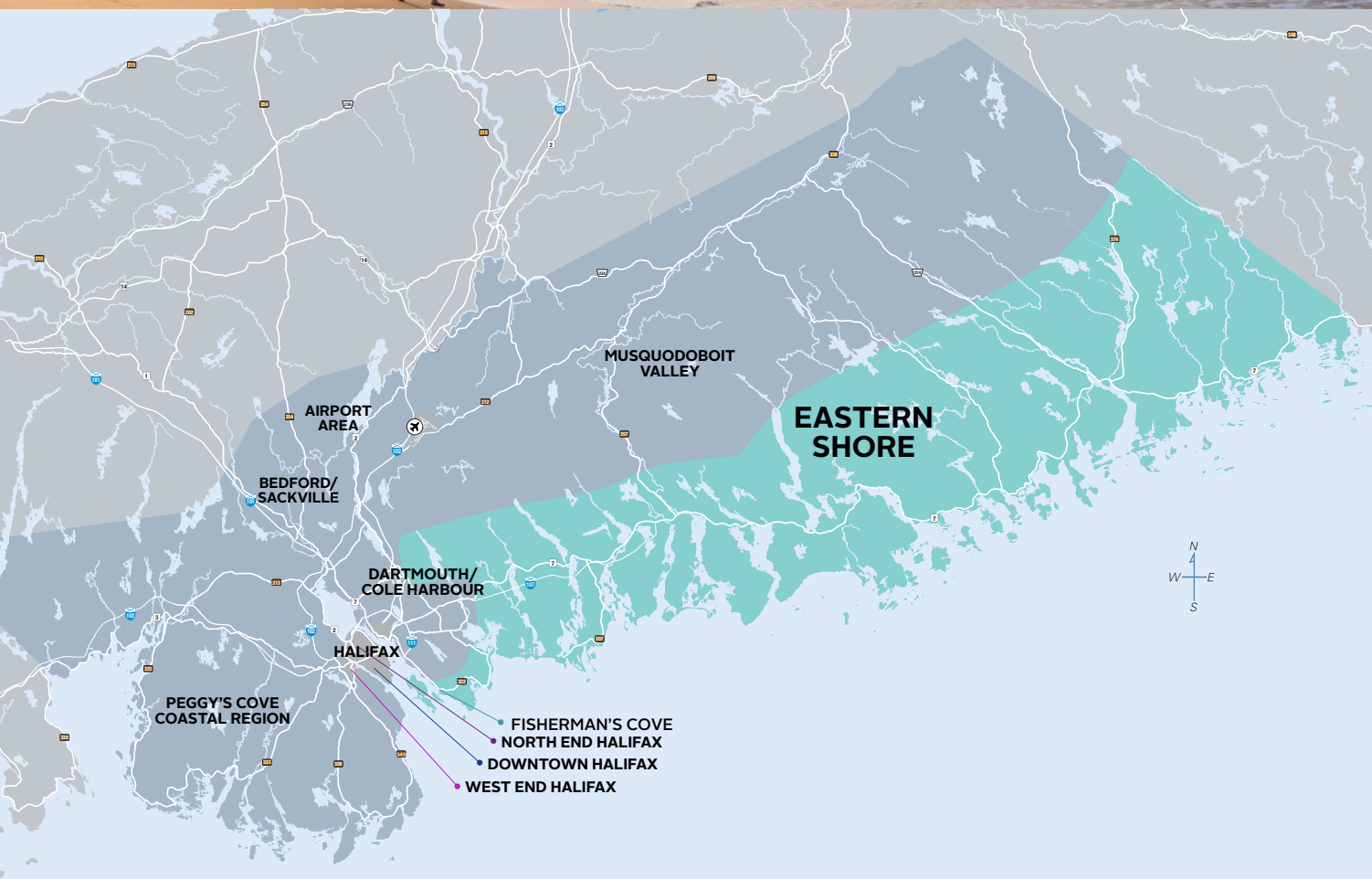
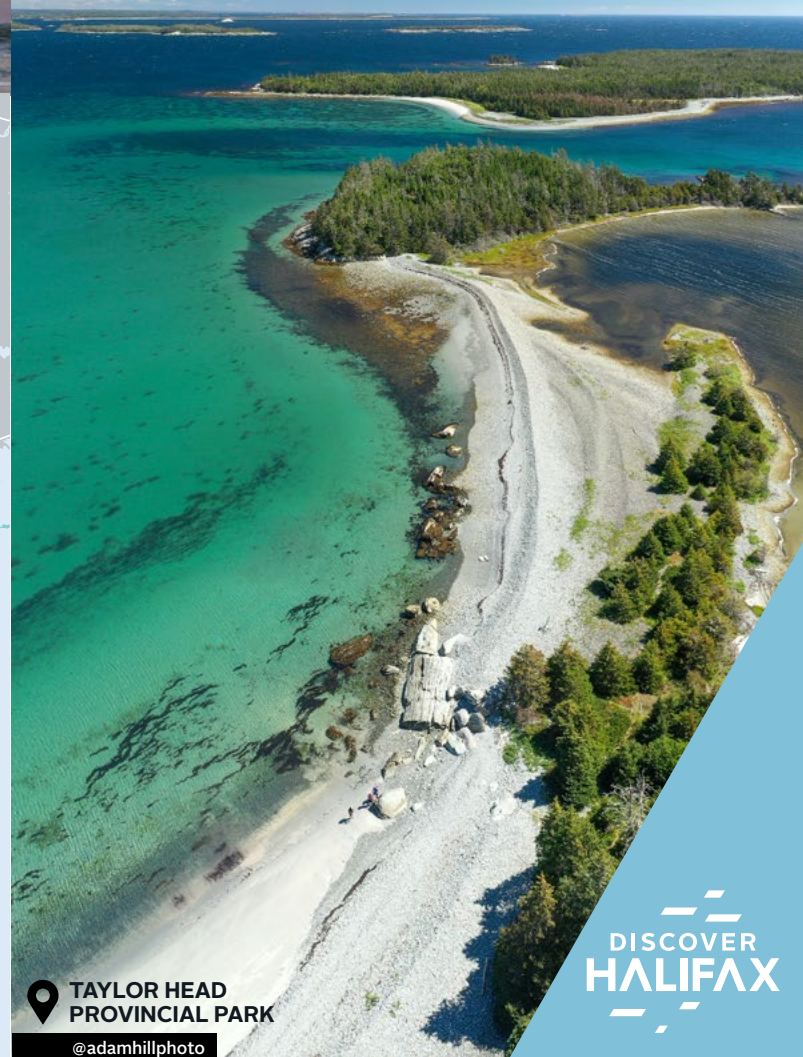


THERE'S SO MUCH TO SEA AND DO ON THE EASTERN SHORE

This historic and nature-filled region is known for its incredible ocean views, world-class surfing, laid-back culture, heritage attractions, independent galleries, shops and eateries, and of course, its beaches. The Eastern Shore is full of natural wonders like the untouched 100 Wild Islands, and historic communities including Chezzetcook and East Preston.



WELCOME TO THE EASTERN SHORE OFFICIAL MAP



TAYLOR HEAD PROVINCIAL PARK
@adamhillphoto

EXPERIENCE THE EASTERN SHORE

SURF

As the capital of Canada's Ocean Playground, the Eastern Shore is a popular destination for surfers of every skill level. The region has gained a reputation as an idyllic surf destination thanks to its long, pristine coastline, stunning scenery, and with all that space, it's easy to share the waves!

LEARN TO SURF: You can rent boards and wetsuits and take lessons from **East Coast Surf School** or **Halifax Surf School**.

HIKE

With so many trails to explore, it can be hard to decide where to start! See our recommendations for great hiking trails in the Beaches + Trails section.

LOCAL RECOMMENDATION: Prefer to have someone else lead the way? Check out **Picture Perfect Tours** for an unforgettable guided photo tour around the Eastern Shore.

PADDLE

With a vast Atlantic coastline, dozens of beautiful lakes and large rivers, paddling is a unique and unforgettable way to explore the Eastern Shore.

LOCAL RECOMMENDATION: Take a tour or rent kayaks from **Coastal Adventures Kayaking** or **Norse Cove Seaside Camping**.

DISCOVER THE 100 WILD ISLANDS

Sitting just off the Eastern Shore lies the stunning 100 Wild Islands archipelago. These pristine coastal islands are an ecological treasure, dotted with white sand beaches, windswept headlands, boreal rainforests, and thriving bogs and swampland.

EXPERIENCE THE ISLANDS: Take the "100 Islands, 100 Minutes" tour with **Murphy's Camping on the Ocean**.

ATTRACTIONS

BLACK CULTURAL CENTRE FOR NOVA SCOTIA

10 Cherry Brook Rd, Cherry Brook | 🚗 20 min

Canada's first and largest museum dedicated to Black History and the African Nova Scotian legacy.

COLE HARBOUR HERITAGE FARM MUSEUM

471 Poplar Dr, Dartmouth | 🚗 20 min

A community museum dedicated to preserving and interpreting Cole Harbour's agricultural past, while learning of farming today.

FISHERMAN'S COVE

4 Government Wharf Rd, Eastern Passage | 🚗 25 min

A 200-year-old working fishing village filled with shops and local dining.

FISHERMAN'S LIFE MUSEUM

10309 Hwy 7 Oyster Pond | 🚗 25 min

Hear stories about the land and sea from the people of the Eastern Shore.

HOPE FOR WILDLIFE

5909 Hwy 207, Seaforth | 🚗 45 min

A charitable wildlife rehabilitation and education organization.

L'ACADIE DE CHEZZETCOOK

79 Hill Rd, Head of Chezzetcook | 🚗 40 min

Experience the past and present of Nova Scotia's Acadian culture at this unique local heritage site.

MEMORY LANE HERITAGE VILLAGE

5435 Clam Harbour Rd, Lake Charlotte | 🚗 60 min

An award-winning living history museum depicting coastal rural life in Nova Scotia during the 1940s.

MUSQUODOBOIT HARBOUR RAILWAY MUSEUM

7895 NS Trunk 7, Musquodoboit Harbour | 🚗 45 min

Explore the history of rail travel in Nova Scotia.

BEACHES + TRAILS

Atlantic View Trail

Lawrencetown | 🚗 35 min

Clam Harbour Beach Provincial Park

Lake Charlotte | 🚗 70 min

Great for families

Conrad's Beach

Lawrencetown | 🚗 35 min

Crowbar Lake Hiking Trail System

Porters Lake | 🚗 45 min

Lawrencetown Beach Provincial Park

Lawrencetown | 🚗 35 min

Martinique Beach Provincial Park

East Petpeswick | 🚗 60 min

Nova Scotia's longest sandy beach!

Musquodoboit Trailway

Musquodoboit Harbour | 🚗 45 min

Amazing views

Porters Lake Provincial Park

Porters Lake | 🚗 40 min

Rainbow Haven Beach Provincial Park

Cow Bay | 🚗 35 min

Salt Marsh Trail

Cole Harbour | 🚗 30 min

Taylor Head Provincial Park

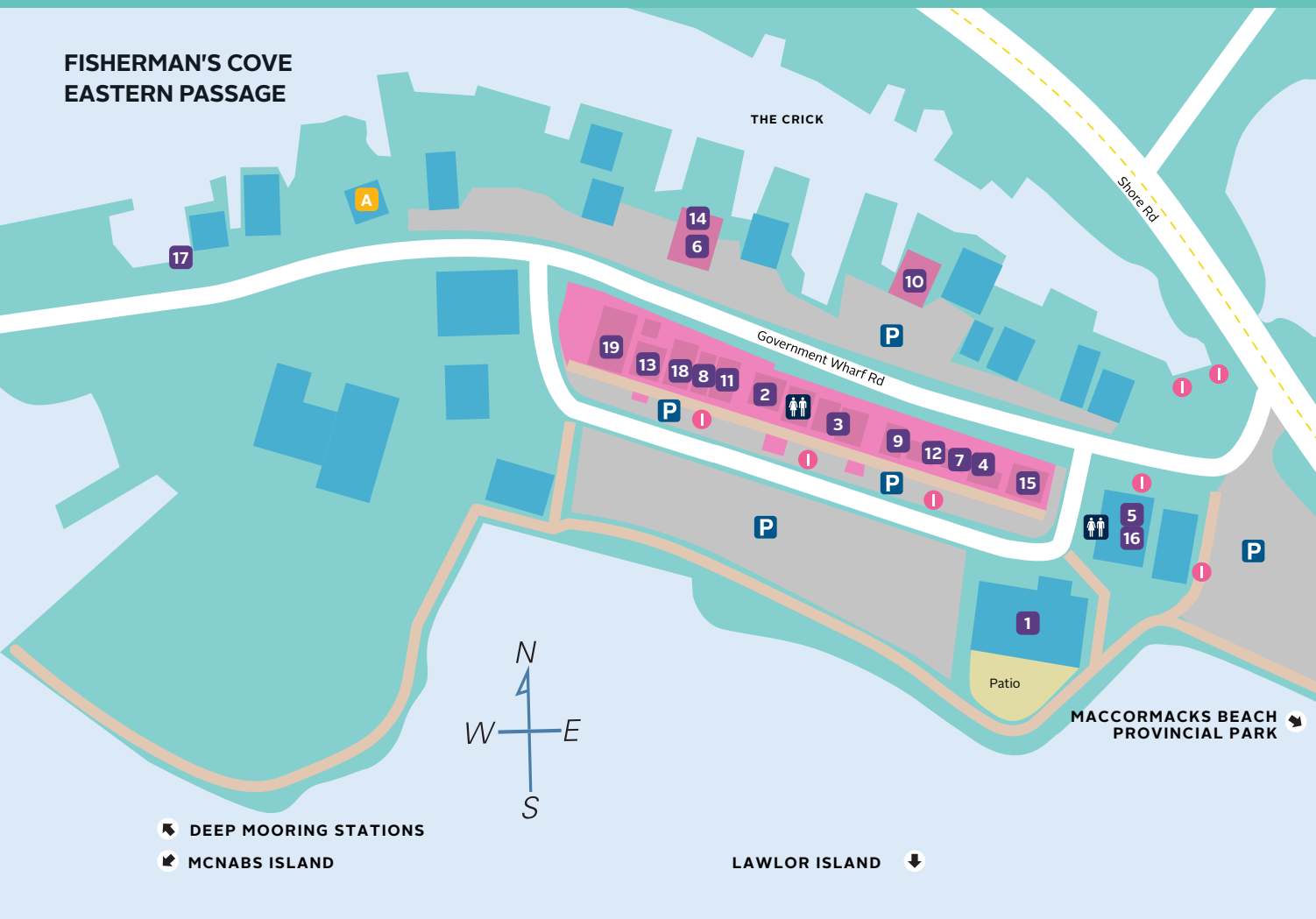
Spry Bay | 🚗 90 min

GOOD TO KNOWS

- 🚶 Accessible
- 🏖 Beach
- 🏕 Campground
- 🚴 minutes drive from Downtown Halifax
- 🚶 Trail
- 🚻 Public Washrooms
- ☀ Seasonal

FISHERMAN'S COVE

Fisherman's Cove is a 200-year-old restored fishing village, just 20 minutes from Downtown Halifax. This area features a beautiful boardwalk, colourful independent shops, working fishing boats, local eateries, as well as nearby MacCormacks Beach Provincial Park.



GETTING TO MCNABS ISLAND FROM FISHERMAN'S COVE

A & M Sea Charters
amseacharters.com
Boat capacity: 29 people per trip

FEATURED BUSINESSES

- Boondocks Restaurant
- By the Ocean Art
- Coffee, Tea & Sea
- Fisherman's Cove Gallery
- Fisherman's Cove Heritage Centre
- Fudgy Chicks
- Hen and Goose Pet Supply Co.
- Jewellery Designs by Heather
- Jo's Old Time Candy and Ice Cream Parlor
- Just Browsing Crafts and Collectables
- Kismet Design
- Ocean's Apothecary
- Pumpkin Village
- SeaSide Casual Wear
- Shore Things
- The Cove Corner Shop
- The Lobster Dive Inc
- The Violet Unicorn
- Whats the Scoop

GOOD TO KNOWS

- 🚶 Boardwalk
- 🏪 Unique Shops
- 🚻 Public Washrooms
- 🚗 Parking
- 📖 Interpretive Panels



For the most up-to-date information on the Government of Nova Scotia's response to COVID-19, travel advisories and restrictions and guidance, visit novascotia.ca/coronavirus.



Life is unpredictable – now more than ever! We encourage you to call ahead or check online before visiting any business listed on this map to ensure that they are open and accepting visitors.



LAWRENCETOWN BEACH

LAWRENCETOWN BEACH

EASTERN SHORE

WHERE NATURE LOVERS, OUTDOOR ADVENTURERS AND EXPLORERS GO TO **BE INSPIRED**

Rugged wilderness, sheltered coves, salt marshes, dramatic windswept headlands, pristine beaches, heritage attractions, and the untouched 100 Wild Islands; this and so much more is what awaits you on Nova Scotia's Eastern Shore.

GOOD TO KNOWS

- Airport
- Beach
- Campground
- Gas Station
- Hospital
- Lighthouse
- Museum
- Public Washrooms
- Trail
- Visitor Information Centre

FEATURED BUSINESSES

Find eateries, places to stay, shops and more.

- 1

Atlantic Dutch Shop
- 2

Barry Colpitts Folk Art
- 3

Bonita's Kitchen
- 4

Coastal Waters B&B
- 5

Dobbit Bakehouse
- 6

E&F Webber Lakeside Resort
- 7

Eastcoast Window Fashions & Decor
- 8

Fairwinds Motel & Restaurant
- 9

Fancy Lucky Vintage
- 10

Harbour Breezes Daylilies
- 11

Harbour Brewing Company
- 12

Harbour Fish N' Fries
- 13

Henley House Pub & Restaurant
- 14

Il Porto Restaurant
- 15

Jeddore Lodge & Cabins B&B
- 16

La Cuisine de Brigitte
- 17

Lupin Dining & Pantry
- 18

Moonlight Beach Suites

19

Murphy's Camping on the Ocean

20

Noor's Mediterranean Kitchen

21

Norse Cove Seaside Camping

22

Old Riverside Lodge B&B (Now Closed)

23

Old Times Old Friends Antiques Collectables & Dolls

24

Old Trunk 7 Restaurant and Sports Bar

25

Ongs Restaurant

26

Paddler's Retreat B&B

27

Pieces of Wood

28

Porter's Lake Family Eatery & Pub

29

Ralph's Downeast Diner

30

Rose & Rooster Cafe

31

Salmon River Country Inn + Mermaid Eatery

32

Seaforth Country Store

33

Sheet Harbour Discount

34

Ship Shape Barber Shop & The Clipper Gallery

35

Sober Island Brewing Company

36

South Wind Art Studio and Gardens

37

Spry Bay Campground & Cabins

38

Tangier Lobster

39

The Acupuncture Wellness Loft

40

The Deanery Project

41

The French Duck

42

The Marmalade Motel

43

The Old Anderson House Craft Shop & Art Gallery

44

Tim Horton's

45

Tim Horton's and Shell Gas Station

46

Uprooted Market & Cafe

47

Webbers Lake Charlotte Motel

48

Webber's Store

ATTRACTIONS + ADVENTURES

Must-visit attractions, beaches, and hiking trails.

- A

Acadian House Museum (L'Acadie de Chezzetcook)
- B

Atlantic View Trail
- C

Black Cultural Centre for Nova Scotia
- D

Clam Harbour Beach Beach Provincial Park
- E

Cole Harbour Heritage Farm Museum
- F

Crowbar Lake Hiking Trail System
- G

East Coast Surf School
- H

Eastern Shores Gallery
- I

Fisherman's Cove
- J

Fisherman's Life Museum
- K

Fisherman's Reserve
- L

French Point Lighthouse
- M

Gaetz Brook Greenway (New Trail Section)

N

Halifax Surf School (2 locations)

O

Hope for Wildlife Society

P

Lawrencetown Beach Provincial Park

Q

MacPhee House Museum & Visitor Information Centre

R

Martinique Beach Provincial Park

S

Memory Lane Heritage Village

T

Musquodoboit Harbour Public Library

U

Musquodoboit Railway Museum & Visitor Centre

V

Rainbow Haven Provincial Park

W

Sheet Harbour Public Library

X

Taylor Head Provincial Park Beach

Y

The Musquodoboit Trail Way

Z

The Old School Art Gallery

AA

The Salt Marsh Trail

SOBER ISLAND BREWING CO.



SALT MARSH TRAIL



CLAM HARBOUR



LAWRENCETOWN BEACH



UPROOTED MARKET & CAFE



MEMORY LANE HERITAGE VILLAGE