

LONG WEEKEND HALIFAX BEACH ITINERARY

If you have a long weekend, and the weather is looking sunny and bright, these would be my top beach recommendations!



DAY 1

@wethnoseimageshalifax

DARTMOUTH - COLE HARBOUR REGION

8:30AM - 9:00AM

Drive from Downtown Halifax to the Dartmouth-Cole Harbour region to experience **Rainbow Haven Beach**.

9:00AM - 12:30PM

This large sand-and-cobble beach has boardwalks, change houses, showers and offers supervised swimming in the summer months!

12:30PM - 2:00PM

Before coming back across the bridge to Downtown Halifax, stop by **John's Lunch** in Dartmouth for fried clams and fish n' chips!

2:00PM - 2:30PM

Drive back to Downtown Halifax.



DAY 2

EASTERN SHORE REGION

8:00AM - 9:00AM

Drive from Downtown Halifax to the Eastern Shore region to enjoy a day at **Martinique Beach**.

9:00AM - 12:30PM

This beach is known for its length and gorgeous sand... Martinique Beach is actually the longest sandy beach in Nova Scotia!

12:30PM - 2:30PM

Before coming back to Downtown Halifax stop by **Fisherman's Cove** for delicious eats, shopping and browsing!

2:30PM - 3:30PM

Drive back to Downtown Halifax.



DAY 3

@hali.photo

PEGGY'S COVE COASTAL AREA

8:00AM - 9:00AM

Drive from Downtown Halifax to the Peggy's Cove Coastal Region to visit **Crystal Crescent Beach!**

9:00AM - 12:30PM

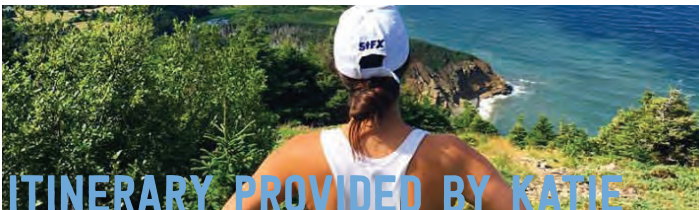
Known for aqua coloured water and soft sand, enjoy this beach by walking, lounging or swimming!

12:30PM - 2:00PM

Before leaving this region, stop by the **PAVIA Gallery-Espresso Bar & Cafe** for a bite!

2:00PM - 3:00PM

Drive back to Downtown Halifax.



ITINERARY PROVIDED BY KATIE

Katie is the Marketing & Communications Manager at Discover Halifax, where she is responsible for leading major marketing projects and campaigns and strategic planning. As a native Haligonian, Katie is here to tell you her insider's guide to Halifax!

Follow Katie on Instagram: [@katieconklin](https://www.instagram.com/katieconklin)

KATIE'S TOP BEACH ESSENTIALS:

- **A good book** (something light)
- **Her dog** (pending if they are allowed)
- **A hat** (it's easiest to read that way!)
- **Snacks** (let's be honest, I don't go anywhere without snacks)
- **A friend or significant other** (it's just nice to have the company!)
- **And the usuals:** beach bag, towel, sunglasses and sunscreen!

DISCOVER
HALIFAX